

54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

- PRELIMINARY ENTRY FORM -

form to be returned by not later than **10th April 2022.**

C.C. this form to abbf.admin@hotmail.com, wbpfsecgeneral@gmail.com and abbf.secretary@yahoo.com

PLEASE INDICATE "YES" OR "NO"

Our Federation is planning to participate in the 54th Asian Body Building and Physique Sports Championships and Annual Congress from 15th to 21st July 2022.

Yes / No

NUMBER OF	NUMBER OF	NUMBER OF EXTRA
DELEGATES	ATHLETES	DELEGATES & SUPPORTERS

JUNIOR MEN'S BODYBUILDING (2 EVENTS)

- a) Up to 75 Kg.
- b) Over 75 Kg.

SENIOR MEN'S BODYBUILDING (11 EVENTS)

- a) Up to 55 Kg.
- b) Up to 60 Kg.
- c) Up to 65 Kg.
- d) Up to 70 Kg.
- e) Up to 75 Kg.



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- f) Up to 80 Kg.
- g) Up to 85 Kg.
- h) Up to 90 Kg.
- i) Up to 100 Kg.
- j) Over 100 Kg.
- **k)** Mr. ASIA Overall amongst the winners of each category.

MASTER MEN'S BODYBUILDING (5 EVENTS)

- 40 49 YEARS OLD:
 - a) Up to 80 Kg.
 - b) Over 80 Kg.

50 - 60 YEARS OLD:

- a) Up to 80 Kg.
- b) Over 80 Kg.

OVER 60 YEARS

a) One open category

MEN'S FITNESS PHYSIQUE (2 EVENTS)

- a) Up to 170 cm/0 kg.
- b) Over 170 cm/+2 kg.

MEN'S ATHLETIC PHYSIQUE (5 EVENTS)

- a) Up to 160cm + 2 kg.
- b) Up to 167cm + 4 kg.
- c) Up to 175cm + 6 kg.
- d) Up to182cm + 8 kg.
- e) Over 182cm + 10 kg

MEN'S SPORTS PHYSIQUE (4 EVENTS)



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- a) Up to 170 cm 2 kg.
- b) Up to 175 cm/ 0 kg.
- c) Up to 180 cm + 2 kg.
- d) Over 180 cm + 4 kg

SENIOR WOMEN'S BODYBUILDING (2 EVENTS)

- a) Upto 55kg
- b) Over 55 kg

LADIES WOMEN'S BODYBUILDING (1 EVENT)

a) Over 30 yrs. - one open category

JUNIOR WOMEN'S FITNESS PHYSIQUE (1 EVENT)

a) 21 yrs. and below - one open category

SENIOR WOMEN'S FITNESS PHYSIQUE (2 EVENTS)

- a) Up to 165 cm
- b) Over 165 cm

SENIOR WOMEN'S ATHLETIC PHYSIQUE (2 EVENTS)

- a) Up to 165 cm
- b) Over 165 cm

LADIES WOMEN'S ATHLETIC PHYSIQUE (2 EVENTS)

- a) 30 40 yrs. one open category
- b) Over 40 yrs. one open category

SENIOR WOMEN'S SPORT PHYSIQUE (2 EVENTS)

- a) Up to 165 cm
- b) Over 165 cm

LADIES WOMEN'S SPORT PHYSIQUE (2 EVENTS)

a) 30-40 yrs. one open category



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b) Over 40 yrs. one open category

JUNIOR WOMEN'S MODEL PHYSIQUE (1 EVENT)

a) 21 yrs. and under - one open category

SENIOR WOMEN'S MODEL PHYSIQUE (5 EVENTS)

- a) Up to 155 cm
- b) Up to 160 cm
- c) Up to 165 cm
- d) Up to 170 cm
- e) Over 170 cm

LADIES WOMEN'S MODEL PHYSIQUE (2 EVENTS)

- a) 30 40 yrs. one open category
- b) Over 40 yrs. one open category

MIXED PAIRS (1 EVENT)

a) One open category

PARA BODYBUILDING (1 EVENT)

a) One open Category



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IMPORTANT

1. Any National Federation officials who do not meet the official delegate criteria as stipulated below in 2. and 3. responsible for all their own expenses incurred under the extra delegate package.

2. National Federation with up to two [02] participating athletes will be permitted to register only one [01] official delegate.

3. National Federation with three [03] or more participating athletes will be permitted to register only two [02] official delegates.

4. Participating National Federation with women athletes may send one [01] extra female official and she does not need to pay only the official registration fee but will have to share the twin bed room with same gender.

IMPORTANT

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN **10th April 2022.**

Attn:

MR. IBRAHIM HAMEED	MR CHETAN M PATHARE	MS CHRISTINA Y KAM	MR. SUGREE SUPAWARIKUL
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